

JANUARY 2019 SUPPORT GROUPS

MANHATTAN, NY

Tuesday, January 15th, 2019 from 6:00 to 8:00 pm
Mount Sinai Downtown at Union Square
Phillips Ambulatory Care Center
Neurology Dept., 5th Floor Conference Room
10 Union Square East (b/w 14th & 15th Sts.)
New York, NY 10003
Contact: Jody Wiesel, PhD, (917) 699-9751
Topic: Palliative Care
Speaker: Corey Gonera, RN of Alliance Home Healthcare
Next month's support group meets: Feb. 19th, 2019

QUEENS, NY

Wednesday, January 16th, 2019 from 6:00 to 8:00 pm
The Silvercrest Center for Nursing and Rehabilitation
144-45 87th Avenue - 1st Floor Dining Room/Lounge
Briarwood, NY 11435
Contacts: Michelle McKenzie, LMSW, (718) 644-1750
Tracy Sandy-Ali, MPH, (631) 697-6314
Topic: Open Discussion
Next month's support group meets: Feb. 20th, 2019

JAMES J. PETERS BRONX VA MEDICAL CENTER

Tuesday, January 8th, 2019 - 1:00 to 3:00 pm
130 West Kingsbridge Road
JJPVAMC Room 3d-22, 3rd Floor
Bronx, NY 10468
Contacts: Michelle McKenzie, LMSW (718) 644-1750
Ernest Acheampong, RN (718) 584-9000 ext. 5405/5388
Topic: Open Discussion
Next month's support group meets: Feb. 12th, 2019

NASSAU COUNTY, NY

Sunday, January 6th, 2019 from 2:00 to 4:00 pm
Northwell Health at Plainview Hospital, (Second Floor Classroom)
888 Old Country Road, Plainview, NY 11803
Contact: Cindy Keyser-Posner, LMSW, (631) 416-2767
Theresa Imperato, RN, (516) 946-5467
Topic: Open Discussion
Next month's support group meets: February 3rd, 2019

SUFFOLK COUNTY, NY

Cancelled due to the New Year's Day Holiday
Stony Brook Neurology Offices
181 North Belle Mead Road Suite 5, East Setauket, NY 11733
Contact: Theresa Imperato, RN, (516) 946-5467
Cindy Keyser-Posner, LMSW, (631) 416-2767
Next month's support group meets: February 5th, 2019

WESTCHESTER, NY/WHITE PLAINS

Tuesday, January 8th, 2019 from 6:00 to 8:00 pm
Burke Rehabilitation Center
785 Mamaroneck Avenue, Building 7, White Plains, NY 10601
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Topic: Open Discussion
Next month's support group meets: February 12th, 2019

LOWER HUDSON VALLEY, NY

Cancelled due to the New Year's Day Holiday
Ambulatory Surgery Center Bldg. C, 3rd Fl. 200
Westage Business Center, Fishkill, NY 12524
Contacts: Helen Mayer, RN, (845) 520-0952
Nancy Brenner, LCSW, (914) 406-3513
Next month's support group meets: February 5th, 2019

NORTHERN NJ/SADDLEBROOK

Thursday, January 3rd, 2019 - 7:00 to 9:00 pm
Kessler Institute for Rehabilitation
300 Market Street, Saddle Brook, NJ 07663
Contacts: Debbie Schlossberg, LMSW (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Managing Emergencies
Next month's support group meets: February 7th, 2019

CENTRAL NJ

Saturday, January 19th, 2019 from 1:30 to 3:30 pm
Robert Wood Johnson Fitness & Wellness Center
100 Kirkpatrick Street, Community Education Room
New Brunswick, NJ 08901, Level 2
Contacts: Debbie Schlossberg, LMSW, (732) 710-8832
Mary Ann Mertz, RN, (908) 552-5573
Topic: Winter Celebration
Next month's support group meets: February 16th, 2019

TELEPHONE SUPPORT GROUPS

PATIENT group: Every Monday from 2:30 to 3:30pm
CAREGIVERS group: Every Wednesday from 4 to 5pm
Contact: Susan Zimmerman, LCSW, (212) 720-3050
Topics include: Open Discussions, Stress Reduction,
Mindfulness and Meditation Techniques